




HOW TO WRITE A PERSONAL STATEMENT FOR MEDICAL SCHOOL


Potential Strategies


Writing tips


 Make a list of some of your defining experiences where you did something and had to make a choice.


 Select an experience that demonstrates a trait that you believe shows that you would make a good doctor or medical student.


 Here are some questions and self-reflective topics to help you get started:


 What are your most passionate interests or concerns?


 What errors or regrets have taught you something important about yourself?


 To what extent do your current commitments reflect your most strongly held values?


 What obstacles, if any, have influenced your educational pursuits.

 What motivates you to learn more about medicine?

 How do your interests and who you are relate to your goals in medical school and as a doctor?


 How would you contribute to the profession and patient care?


 For additional information about writing dental school personal statements, visit this website:
https://www.adea.org/dental_education_pathways/aadsas/Applicants/Pages/PersonalStatement.aspx


 Show, don't tell. Show your readers something you have done that indicates your passion.


 Avoid...

 too many qualifiers (i.e. very, quite, rather, really, interesting)

 using jargon, abbreviations, slang, clichés

 restating your resume and/or transcript

 writing too much about doctors or other professionals you admire. The focus should be on you.

 Tell a story of personal growth, particularly towards your commitment to the field of medicine.